



**Local Suicide Safety Supports and Resources**

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| Crisis (Distress) Line: |
| Suicide Prevention Center: |
| Headspace: |
| Rape/Sexual Assault Center: |
| Domestic Violence Hotline: |
| Mental Health Services: |
| Sexual Abuse Hotline: |
| Child Abuse Hotline: |
| Local Police Station:  |
| Paramedic Emergency Medical Services: 000 |
| Mental Health Crisis / Response - CATT: |
| Local Hospital Emergency: |
| Emergency Shelters: |
| Youth Shelter: |
| Mental Health Outreach Clinic: |
| Children/Youth Psychiatric Clinic: |
| Private Practitioners: |
| Medical Clinic / General Practitioner: |
| STD Information and Testing Sites: |
| Children’s Services Offices: |
| Student Services: |
| Child Care Referrals: |
| Parent Support and Training: |
| Family Support Services: |
| Self Help Groups: |
| Substance Abuse Counselling: |
| Alcoholics Anonymous: |
| Community Corrections Officers: |
| Religious/Spiritual Support: |
| Legal Aid/Victim-Witness Assistance: |